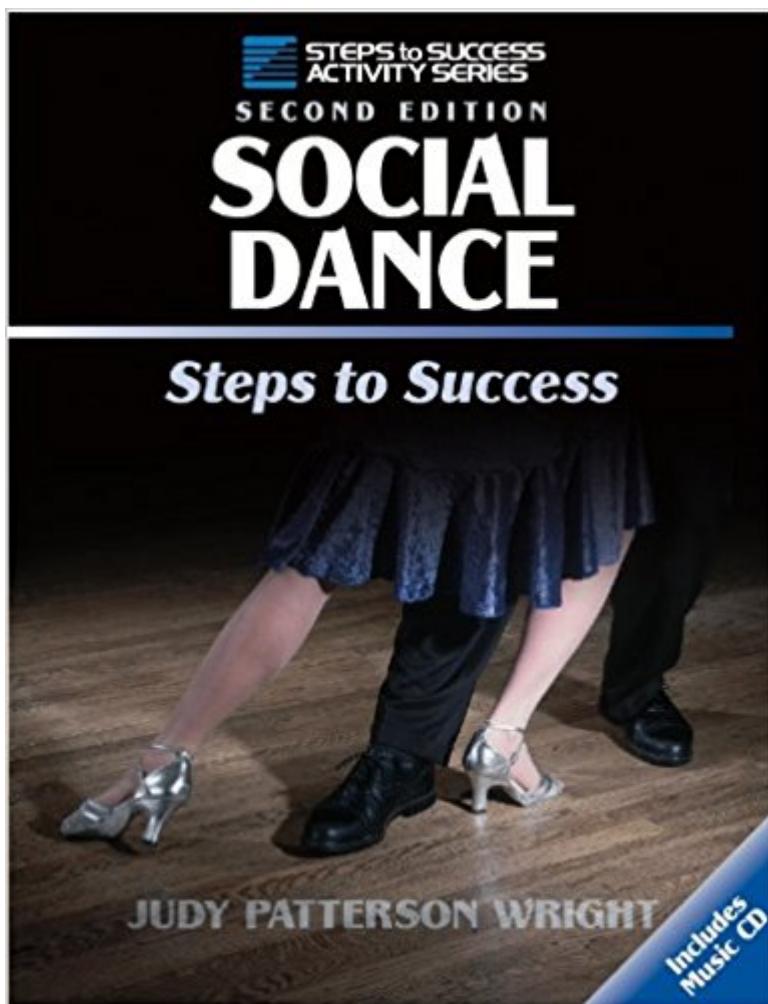


The book was found

Social Dance: Steps To Success, 2nd Edition (Steps To Success)



Synopsis

Move with grace and feel confident on the dance floorâ "step by step! Social Dance: Steps to Success will teach you all the moves for eight popular dance styles:-Swing-Cha-cha-Foxtrot-Polka-Waltz-Rumba -Tango -Salsa/mamboEach step in the progression teaches you a new skill, then builds on those skills to develop creative dance routines. The first few steps provide a solid foundation of the basics to help you understand alignment, musical structure, and footwork synchronization with the music. As you progress, you will also learn how to lead and follow, move from one dance position to another, combine dance variations into sequences, and much more.Every step also explains why the concept or skill is important, identifies the keys to correct technique, helps you avoid common errors, and explains how to practice each skill. Written by master teacher and dancer Judy Patterson Wright, this book is part of the Steps to Success Seriesâ "the most extensively researched and carefully developed set of sport skill instruction books ever published.Includes music CD!To help you practice, a compact disc is included that provides 19 tracks for training and practice. The first 8 are training examples (some with voice overs) for identifying the beat, measures, and highlighting general characteristics of selected social dance music. Tracks 9 through 19 include instrumental practice music (average 2 minutes each) for all 8 dances covered in the book.

Book Information

Paperback: 240 pages

Publisher: Human Kinetics; 2nd edition (October 11, 2002)

Language: English

ISBN-10: 0736045058

ISBN-13: 978-0736045056

Product Dimensions: 11 x 8.5 x 0.7 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 7 customer reviews

Best Sellers Rank: #1,580,282 in Books (See Top 100 in Books) #88 inÂ Books > Arts & Photography > Performing Arts > Dance > Popular #308 inÂ Books > Textbooks > Humanities > Performing Arts > Dance #18660 inÂ Books > Humor & Entertainment > Puzzles & Games

Customer Reviews

It's the next best thing to having a teacher there to show you. -- Dance Spirit, March 1, 2003

"Wright provides a thorough, step-by-step approach in instructing prospective Freds and Gingers in body alignment and carriage, music recognition, brief dance histories, and basic and variant footwork. . . . Appropriate for school or public libraries with a demand for recreational dance methods." Library Journal "Social Dance: Steps to Success is a real contribution to students and teachers who are involved in ballroom dance training. The systematic teaching outlined in this book has drills to emphasize basic technique. The illustrations and specific success goals are well outlined." William J. Bennett Ballroom dance consultant Member, board of directors, United States Ballroom Dancers Association

Had lots of useful info but at times it did an ok job explaining the harder steps

Perfect!

This book is NOT for the beginner dancer. That said, this book will help the intermediate dancer into the realm of the very good dancer - not only does it tell you "what"; it explains "why". The writing is good and the format is logical as dance is presented in a series of building blocks.

The book is okay for beginner levels, but the DVD was missing! I think the DVD would have resulted in at least a 4 star rating, but...

Judy Patterson Wright's **SOCIAL DANCE STEPS TO SUCCESS, 2ND EDITION** comes with a CD, appears in an updated edition, and provides step-by-step instruction for eight popular dance styles from swing and cha-cha to polka and tango. Each new step represents a fine transition from the prior one, and each step receives explanation of importance and technique. The disc features music for each style, for practice. Dance collections will relish this!

SOCIAL DANCE is written by a master teacher who has done a lot of research on her subject. The person who will benefit from using this book is not someone who is looking for an easy method to learn a few dance routines. It is rather meant for the serious enthusiast who knows how to study a textbook and appreciates the value of long hours of practice. It will also be useful to those who already know something about swing, cha-cha, fox-trot, waltz and polka and wish to increase their social dance skills.

I liked this book because it presented around 8 or so dance steps for each dance. Other books present only 3-4 very simple steps, not enough to feel confident on a socal dance floor. Its alittle difficult for the absolute beginner since foot diagrams are largely missing for the more complex steps (its hard to follow written descriptions).

[Download to continue reading...](#)

Social Dance: Steps to Success, 2nd Edition (Steps to Success) Social Dance: Steps to Success (Steps to Success Activity Series) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Field Hockey: Steps to Success - 2nd Edition (Steps to Success Sports Series) Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series) Social Dance-3rd Edition: Steps to Success Social Media: Master Social Media Marketing - Facebook, Twitter, Youtube & Instagram (Social Media, Social Media Marketing, Facebook, Twitter, Youtube, Instagram, Pinterest) Social Security & Medicare Facts 2016: Social Security Coverage, Maximization Strategies for Social Security Benefits, Medicare/Medicaid, Social Security Taxes, Retirement & Disability, Ser Weight Training-4th Edition: Steps to Success (Steps to Success Activity Series) Softball: Steps to Success, Third Edition (Steps to Success Sports Series) Basketball-3rd Edition: Steps to Success (Steps to Success Activity Series) Archery 4th Edition: Steps to Success (Steps to Success Sports) Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) Lance Laguna's Dance! Dance! Dance!: Master Six Ballroom Dances (Miniature Editions) Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories Dance Recital Journal Love Everyday Laugh Everyday Dance Everyday: Lined Notebook for Girls, Perfect Gift for Dancers ~ Unique Inspirational Quote Diary for Dance Students, Teacher The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Tap Dancing (Dance, Dance, Dance)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

FAQ & Help